

Life-Choices

Every decision you make changes where your life is headed- here are some stories about how simple choices can reroute your life.

- **The Absolutely True Diary of a Part-Time Indian** by Sherman Alexie
- **I Am a SEAL Team Six Warrior** by Howard Wasdin
- **I Beat the Odds (from Homelessness to the Blindside and Beyond)** by Michael Oher
- **Adulting: How to Become a Grown-Up in 468 Easy(ish) Steps** by Kelly Williams Brown
- **The Pregnancy Project** by Gaby Rodriguez

Inspirational

We all need a little inspiration sometimes- look for some within these great reads.

- **Laughing at My Nightmare** by Shane Burcaw
- **Believe: My Faith and The Tackle That Changed My Life** by Eric LeGrand
- **Rethinking Normal** by Katie Rain Hill
- **Breakthrough** by Jake Andraka
- **Positive** by Paige Rawl

Like the topic, but
need a different
book?

Never hesitate to
ask your librarian
for a book
suggestion!

Books to Read Before You Graduate

A list of
recommended books
for teens to read
before they
graduate high
school

Selected by the
2015 Libraries of
Middlesex County YA
Librarians Group



Family

All families are different, and most are pretty complicated. Read the titles below to meet some truly interesting ones.

- **Reality Boy** by A.S. King
- **I'll Give You the Sun** by Jandy Nelson
- **Playground** by 50 Cent
- **Orchard** by Holly Thompson
- **The First Part Last** by Angela Johnson

Health

Have health questions? Use these books as a starting point on topics from healthy eating to mental health.

- **The Running Dream** by Wendelin Van Draanen
- **I Don't Want to Be Crazy** by Samantha Schutz
- **Eat Fresh Food: Awesome Recipes for Teen Chefs** by Rozanne Gold
- **Sex: A Book for Teens, an Uncensored Guide to Your Body, Sex, and Safety** by Nikol Hasler
- **Health Smarts: How to Eat Right, Stay Fit, Make Positive Choices and More** by Matt Doeden

Friends

We could all use a little help from our friends! See how friendship changed the lives of the characters in these books

- **Winger** by Andrew Smith
- **Roomies** by Sara Zarr and Tara Altebrando
- **Me and Earl and the Dying Girl** by Jesse Andrews
- **Hush** by Eishes Chayil
- **Does My Head Look Big In This?** By Randa Abdel-Fattah

Relationships

Love makes the world go round. These books are about the highs and lows of all kinds of romantic relationships.

- **The Statistical Probability of Love at First Sight** by Jennifer E. Smith
- **Will Grayson, Will Grayson** by David Levithan and John Green
- **We Should Hang Out Sometime** by Josh Sundquist
- **Say What You Will** by Cammie McGovern
- **If You Could Be Mine** by Sara Farizan

Money

Mo' Money, Mo' Problems, right Biggie Smalls? The titles here will help make money less of a mystery.

- **What Do You Really Want? How to Set a Goal and Go For It!** By Beverly K. Bachel
- **Breaking Night** by Liz Murray
- **The Gospel According to CoCo Chanel** by Karen Karbo
- **The Life You Can Save** by Peter Singer
- **The Teen Money Manual** by Kara McGuire

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