Life-Choices

Every decision you make changes where your life is headed—here are some stories about how simple choices can reroute your life.

- The Absolutely True Diary of a Part-Time Indian by Sherman Alexie
- I Am a SEAL Team Six Warrior by Howard Wasdin
- I Beat the Odds (from Homelessness to the Blindside and Beyond) by Michael Oher
- Adulting: How to Become a Grown-Up in 468 Easy(ish) Steps by Kelly Williams Brown
- The Pregnancy Project by Gaby Rodriguez

Inspirational

We all need a little inspiration sometimes—look for some within these great reads.

- Laughing at My Nightmare by Shane Burcaw
- Believe: My Faith and The Tackle That Changed My Life by Eric LeGrand
- Rethinking Normal by Katie Rain Hill
- Breakthrough by Jake Andraka
- Positive by Paige Rawl

Like the topic, but need a different book? Never hesitate to ask your librarian for a book suggestion!

Books to Read Before You Graduate

A list of recommended books for teens to read before they graduate high school

Selected by the 2015 Libraries of Middlesex County YA Librarians Group
Friends
We could all use a little help from our friends! See how friendship changed the lives of the characters in these books
- **Winger** by Andrew Smith
- **Roomies** by Sara Zarr and Tara Altebrando
- **Me and Earl and the Dying Girl** by Jesse Andrews
- **Hush** by Eishes Chayil
- **Does My Head Look Big In This?** by Randa Abdel-Fattah

Family
All families are different, and most are pretty complicated. Read the titles below to meet some truly interesting ones.
- **Reality Boy** by A.S. King
- **I’ll Give You the Sun** by Jandy Nelson
- **Playground** by 50 Cent
- **Orchard** by Holly Thompson
- **The First Part Last** by Angela Johnson

Health
Have health questions? Use these books as a starting point on topics from healthy eating to mental health.
- **The Running Dream** by Wendelin Van Draanen
- **I Don’t Want to Be Crazy** by Samantha Schutz
- **Eat Fresh Food: Awesome Recipes for Teen Chefs** by Rozanne Gold
- **Sex: A Book for Teens, an Uncensored Guide to Your Body, Sex, and Safety** by Nikol Hasler
- **Health Smarts: How to Eat Right, Stay Fit, Make Positive Choices and More** by Matt Doeden

Relationships
Love makes the world go round. These books are about the highs and lows of all kinds of romantic relationships.
- **The Statistical Probability of Love at First Sight** by Jennifer E. Smith
- **Will Grayson, Will Grayson** by David Levithan and John Green
- **We Should Hang Out Sometime** by Josh Sundquist
- **Say What You Will** by Cammie McGovern
- **If You Could Be Mine** by Sara Farizan

Money
*Mo’ Money, Mo’ Problems*, right Biggie Smalls? The titles here will help make money less of a mystery.
- **What Do You Really Want? How to Set a Goal and Go For It!** by Beverly K. Bachel
- **Breaking Night** by Liz Murray
- **The Gospel According to CoCo Chanel** by Karen Karbo
- **The Life You Can Save** by Peter Singer
- **The Teen Money Manual** by Kara McGuire

Find more books on the back!